

# Adult Day Services

## Innovations in Learning

January 2016

*Effective Teaching - Successful Learning*

### PROGRAMMING

Happy New Year! We hope that everyone had a great and safe holiday. We are now finished with our "Holidays Around the World" theme; we are now going to be working on our "This Day in History" theme. We will be working on our themes for a whole quarter this year; which will consist of three month intervals, this theme will carry on until April. This month in history, we will be focusing on Martin Luther King Jr. as well as talking about what is to come within this year; our different goals and resolutions.

We have gotten lucky this Winter, considering it has not been very cold and snowy; however since we aren't able to get outside and be as active, we are going to be going to the YMCA in Crown Point to utilize their open gym for two hours, once a month. This will be a fun way to get out in our community and have fun, while staying active. Also, we have been having many outings where a small amount of money is required. Although, we try to find fun things to do in our community that are free of charge, it can be difficult considering many museums in the area are closed for the season, as well as many of the current events are very costly.

In December, our Shine, Stride, and Leap classrooms went on an outing to various nursing homes to sing Christmas carols with Jesse Hickle, their music therapist. Everyone did an awesome job and the seniors loved them! A big thank you and awesome job to Jesse! Great job everyone!

If you need silverware for your lunch, please be kind and bring your own. It is really hard for us to provide silverware to so many people during the lunch hour. Also, we are always accepting donations for kitchen supplies. So if you or someone you know has something they would like to donate, feel free to bring it in.

As per Innovations Policy, and for the health and safety of everyone involved, please note that... Medications cannot be kept on any person, at any time. In order to administer any medication, prescription or over-the-counter, Innovations In Learning must have a prescription or physician's order on file. All medications must be stored in the original container. To ensure the safety of everyone, all medications must be stored at the Nurse's station and administered and/or monitored by trained staff. If you have any questions or concerns regarding this issue, please contact Innovations In Learning Healthcare Coordinator, Ria Travis, at (219)791-1400 ext. 106. Thank-you and have a very Merry Christmas!!

### STAFFING

**Stride:** Jacqui (Co-Lead), Michele (Co-Lead)

**Shine:** Todd (Lead), Dawn, Stacey, Robert

**Leap:** Tiffanie (Lead), Kate, Vicky, David

**Life:** Kasey (Lead), Heather, Michelle, Jessica

### COMMUNITY HABILITATION

*Please note your outing day. If you need to arrive late or leave early on that scheduled outing day, please speak with Stacey Shrewsbury or Tiffany Cochran to make arrangements in advance.*

Please remember that cooler weather is upon us. Please assure clients are dressed for the weather.

#### Life: Monday

01/04: Library

01/11: Crown Point YMCA for open gym

01/18: Westfield Mall (Bring money if you would like to shop)

#### Stride: Tuesday

01/05: Volunteering at Brookdale nursing home

01/12: Crown Point YMCA for open gym

01/19: Buffalo Wild Wings in Merrillville. (Bring money if you would like to eat)

01/25: Planetarium at Pierce Middle School. (\$5.00)

#### Shine: Wednesday

01/06: Shopping

01/13: Crown Point YMCA open gym

01/20: Porter County Museum in Valparaiso

01/27: Planetarium at Pierce Middle School (\$5.00)

#### Leap: Thursday

01/07: Library

01/14: Crown Point YMCA open gym

01/21: Porter County Museum in Valparaiso

01/28: Planetarium at Pierce Middle School (\$5.00)



*There is a gray hat at the sign in table. If this belongs to anyone, please let staff know during pick up or drop off. Also, just a reminder to label your belongings so that we know who to return lost items to.*

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