



# PHYSICAL INTERVENTION CONSENT FORM

I, \_\_\_\_\_ (Person served or guardian) consent to and authorize Innovations in Learning staff to implement the least restrictive but most effective method of physical intervention when necessary to keep \_\_\_\_\_ (Person served) and others safe. Innovations In Learning Staff are trained in Professional Crisis Management (PCM) techniques and the procedures recommended in the program will be followed in the event that a physical restraint is needed.

Physical restraint is required when clients are engaging in continuous aggression, continuous self-injury, and/or, continuous high magnitude disruption. The steps for physical crisis management from least to most restrictive are as follows:

- Partial (hand on shoulder to lead to an area) or full (picking child up to move) manual guidance
- Blocking of limbs, head, or digits to reduce risk of harm to self or others
- 1 or 2 person transportation involving a staff holding the client’s wrist and triceps to transport them to another area.
- Vertical immobilization involving a “one arm wrap around” which prohibits the client’s forward or sideways movement. For adults or children of a certain height a 2 person immobilization involves a person immobilizing each arm on the side of the individual.
- Horizontal prone or supine immobilization involving a PCM required mat.

Physical intervention is always used as a last resort and is only used in cases of imminent harm. Physical intervention is always implemented using a least to most intrusive model. Staff will begin with the least restrictive but most effective level of physical intervention to keep everyone involved safe. In a crisis, only staff trained in PCM will respond but not all PCM trained staff are trained on each client’s specific behavior support plan. A lead staff that is trained on the client’s behavior plan will always be present during the crisis to guide PCM responders in post crisis treatment.

Common risks of physical intervention may include an increase in agitation and/ or problematic behaviors, redness and/or bruising, minor skin abrasions, and increase in blood pressure. Less common and extremely rare risks include broken bones, sprains, and other serious injuries.

I understand the potential risks associated with the use of physical intervention. I understand that Innovations in Learning, PC is not responsible for injury that may result in the proper implementation of physical interventions. I further understand that the potentially harmful effects of the problematic behavior outweigh the potentially harmful effects of the procedures.

I understand that in the event of imminent harm, Innovations in Learning staff will utilize physical crisis intervention to keep everyone safe. I understand that my refusal to consent may result in termination of treatment.

This consent is valid until \_\_\_\_\_, unless revoked in writing prior to that time.

**I have had the opportunity to ask any questions and have had them answered in full. I consent to the implementation of physical intervention by trained Innovations in Learning, PC personnel.**

\_\_\_\_\_  
Self, Parent or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness to Signature

\_\_\_\_\_  
Date